### Team Tactical Principles

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Pass/Dribble forward, Spread out, Support, Change the point of attack</th>
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<td>12-U</td>
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### Key Qualities

<table>
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<th>Read the game, Focus, Take initiative</th>
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#### PLAY - SMALL SIDED GAMES

**Objective:**
To score goals. To get the players into a game as soon as they arrive to practice.

**Organization:**
Set up two or more 20Wx30L fields with a goal at each end. As the players arrive, play 1v1, 2v1, 2v3, up to 4v4.

**Time:** 4 games of 2 minutes with a 30 second rest: for a total of 10 minutes.

**Rules:** Out of bounds: Pass or dribble the ball in.

**Key Words:** Go to goal, Diagonal passes, Be in position for a pass backwards, to the sides and forward of the ball.

**Guided Questions:**
- What are the players doing to create scoring chances?
- When do you give positive reinforcement?

**Answer:** The players are passing, dribbling forward to get closer to shoot at the goal. When the players pass, dribble or shoot at goal.

#### PRACTICE - CORE ACTIVITY

**Objective:**
To unbalance and disorganize the opponent by possessing the ball to pass and dribble forward in order to create scoring chances.

**Organization:**
- Play 6v4 in a 50Wx45L with 3 targets inside a 5 yard zone.
- Substitute players every two intervals.

Scoring: Blue scores in the regular goal, Red by passing to one of the 3 targets.

**Rules:** All FIFA Rules Apply.

**Key Words:** Penetrate, Get behind, to the sides and forward of the ball, Be available.

**Guided Questions:**
- When should we play backwards in order to keep possession?
- What should your team do when it regains the ball?

**Answers:** When we do not have an opening to pass or dribble forward because of the number of defenders in front. Try to pass forward to a teammate or dribble forward taking the space in front.

#### Less Challenging Activity

**Organization:**
- Play 3v3 to targets in a 20Wx30L field. Switch targets every two intervals.

**Score** By passing to your target.

**Rules:** Out of bounds - Pass or dribble in.

**Objective:**
To unbalance and disorganize the opponent by possessing the ball to pass and dribble forward in order to create scoring chances.

**Organization:**
- Play 6v4 in a 50Wx45L with 3 targets inside a 5 yard zone.
- Substitute players every two intervals.

Scoring: Blue scores in the regular goal, Red by passing to one of the 3 targets.

**Rules:** All FIFA Rules Apply.

**Key Words:** Penetrate, Get behind, to the sides and forward of the ball, Be available.

**Guided Questions:**
- When should we play backwards in order to keep possession?
- What should your team do when it regains the ball?

**Answers:** When we do not have an opening to pass or dribble forward because of the number of defenders in front. Try to pass forward to a teammate or dribble forward taking the space in front.

#### More Challenging Activity

**Organization:**
- Play 8v7 in a 50Wx45L field with two regular goals.
- Substitute players every two intervals.

**Rules:** All FIFA Rules Apply.

#### PLAY - LET THEM PLAY

**Objective:**
To unbalance and disorganize the opponent by possessing the ball to pass and dribble forward in order to create scoring chances.

**Organization:**
- In a 50Wx75L field with regular goals create two equal teams and play a game.

**Time:** 2 halves of 13 minutes, 2 minutes rest for a total of 30 minutes.

**Rules:** All FIFA Rules Apply.

**Key Words:** Penetrate, Get behind, to the sides and forward of the ball, Be available.

**Guided Questions:**
- Why and when do we need to switch the point of attack?

**Answers:** Because we have too many defenders near the ball, to keep possession and find the opening to penetrate on the opposite side.